

Misti King

Speaker | Youth Leadership, Resilience & Survivor-Informed Community Talks

Helping young people move beyond old labels, hard beginnings, and self-doubt so they can build a future with purpose.

Misti King speaks to young people and the adults who support them with a message of resilience, leadership, accountability, and hope. Through her work with youth in the Juvenile Justice system, community programs, creative education, and hands-on leadership activities, Misti has seen what happens when a young person is met with honesty, structure, encouragement, and belief.

Her survivor-informed perspective gives her message a real, grounded foundation, while her humor and practical storytelling help audiences feel connected instead of lectured.

Core belief: Young people need to feel seen before they can fully believe in who they are becoming.

Featured Talk

Keep Trading. Keep Climbing. Keep Building.

Life does not always hand us the cards we wanted.

Some students carry pressure, family challenges, trauma, anger, self-doubt, or the weight of being labeled by their past choices. This talk reminds them that they are not stuck with the first hand they were dealt.

Misti challenges audiences to trade old labels for new possibilities, keep climbing through discomfort, and build a future with purpose, one choice at a time.

The Problem This Talk Addresses

Many young people are trying to lead, learn, and grow while carrying pressure, trauma, family instability, low confidence, fear of failure, anger, grief, or the belief that their past has already decided their future.

Many adults want to help, but do not always know how to reach guarded, hurting, or hard-to-read young people.

Misti helps bridge that gap with honesty, humor, lived experience, and practical encouragement.

Audience Takeaways

Audiences will leave with:

- A stronger belief that their past does not have to define their future
 - Practical language for resilience, confidence, accountability, and growth
 - A reminder that leadership is built through courage, responsibility, influence, and service
 - Encouragement to keep making small choices that build a better path
 - A deeper understanding of why feeling seen matters
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Why Misti

Misti brings a rare combination of lived experience, youth work, creativity, and community-building. Her message is grounded in honesty, hope, and the belief that people are not defined by the hardest chapters of their lives.

Drawing from lived experience and years of youth-centered work, Misti speaks with honesty about how small decisions, made one at a time, can begin to change the direction of a life.

Her message is simple:

You are not finished. You can keep building.

Best-Fit Audiences

Misti's talks are especially meaningful for:

- Middle and high school students
 - JROTC/ROTC and youth leadership programs
 - Schools, libraries, and youth events
 - Juvenile justice and youth intervention programs
 - Nonprofits serving children, teens, or families
 - Teachers, coaches, mentors, youth workers, and volunteers
 - Foster care, CASA, advocacy, civic, church, and community groups
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Booking Information

Misti King

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Email: misti.speaking@gmail.com

Phone: **541-761-1585**

Location: Gonzales, Texas

Available for local, regional, and travel-based speaking opportunities.